

**CENTRE DE
RECHERCHE**



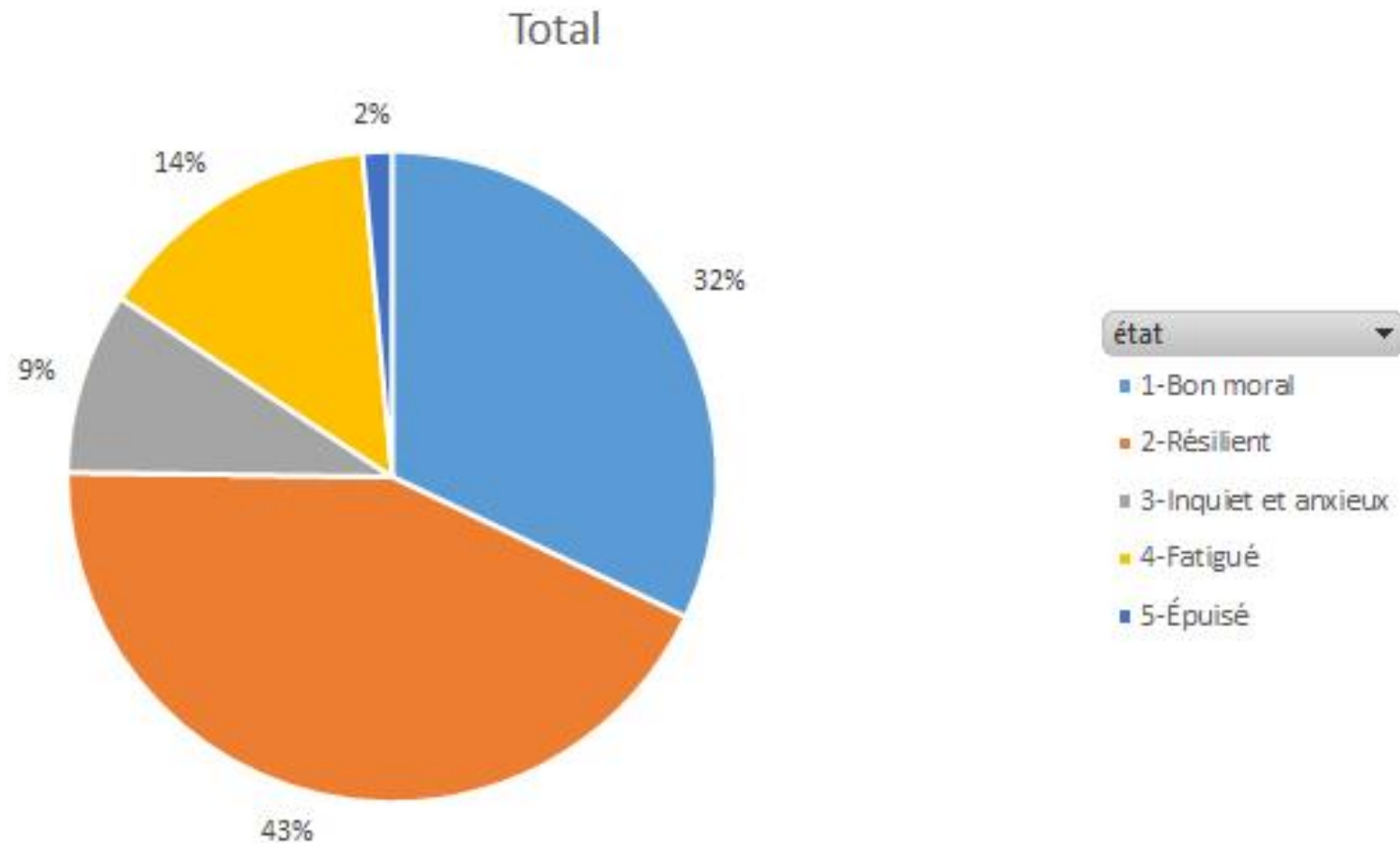
COVID-19 "Red Zone" Q&A Videoconference - CRCHU de Québec-UL

Friday, October 9, 2020

Ça se
découvre
ici.

How do the CRCHU members feel?

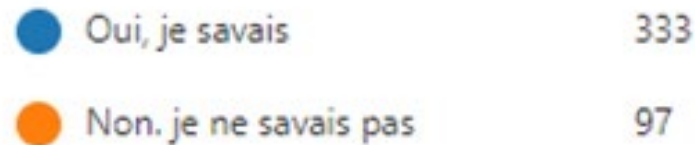
Nombre de Comment vous sentez-vous actuellement face aux circonstances de la pandémie?



Assistance programs: are they known?

2. Saviez-vous que vous pouvez utiliser votre programme d'aide aux employés ou programme d'aide aux étudiants pour obtenir du soutien psychosocial?

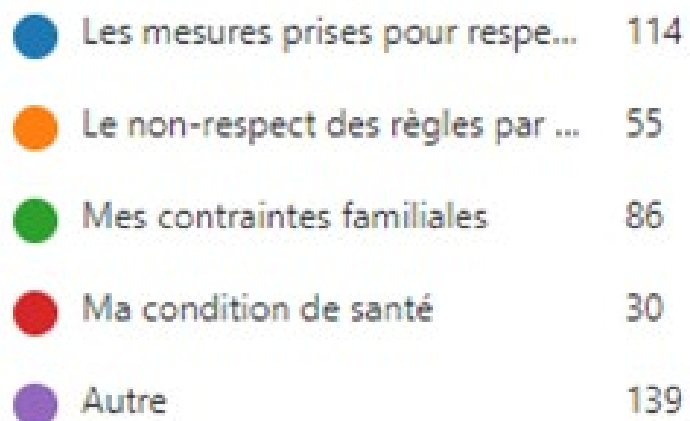
[Plus de détails](#)



What is the main concern at the moment?

3. Actuellement quelle est votre principale préoccupation au travail?

Plus de détails



Concerns	Actions to be taken
Measures taken to comply with the directives from the <i>Direction de la Santé Publique</i> ("Public Health Branch")	Talk to technical staff or write to the COVID email address to share your questions and concerns
My colleagues' non-compliance with the rules	Discuss it directly with your colleagues, validate with your sector representative
Family constraints	Talk to your superior and the CRCHU HR
My health condition	Talk to your superior and seek advice from the CRCHU HR
Other	

Maintenance of our research activities

- Despite our region becoming a "red zone", the good news is that our research centre remains open.
- However, slight breaches of rules have been observed the last few weeks and these put us at risk of outbreaks. In order to avoid the closure of the CRCHU de Québec, we should be more cautious and:
 - Follow the public health and the CHU de Québec recommendations (extremely strict compliance).
 - Promote telework as well as virtual meetings when possible.
 - Continue to follow physical distancing rules, especially at mealtimes.

- Shared commitment:
 - Protect employees' health and safety.
 - Comply with the directives from the *Direction de santé publique* and implement the necessary preventive measures.
 - If you come to the Research Centre, it means that you agree to comply with these instructions.
 - Stay informed by reading the communications. Through these emails, the management of the Research Centre seeks to inform you in the fastest and most concise way possible. We ask for your collaboration: please read them carefully then implement the recommendations.

- Supervisors (professors-researchers, coordinators, etc.):
 - Ensure compliance.
 - Issue reminders during team (lab) meetings.

Daily health check:

- Supervisors: perform a symptom check for all your employees
- "You have symptoms: you stay home! "
Notify your supervisor and call 55525

Limit exposure

- Guidelines for adapting our way of doing things and our environment, and for good use of PPE.

Problem reporting mechanism

- By email: covid19@crchudequebec.ulaval.ca
- List of resource persons (by topic) at the end of the meeting

Reminder – limit exposure

- Physical distancing: > 2 m
- Wearing the mask
- Hand hygiene
- Telework when possible

Physical distancing squads

- Objective: minimize worker contamination
- Raise awareness through constructive feedback
- Maintain healthy relationships between workers
- Cockades to identify them
- Summary data collection
- Inform the person in charge of the department/sector

Wearing the mask or face covering

- Face coverings are permitted from the moment of your arrival up until you reach your place of work or a place where you can obtain a procedure mask
- When should you change it? When it is:
 - Humid/damp
 - Soiled
 - Damaged
- Several questions are asked about wearing the procedure mask, or about when it may not be worn. The general policy is quite simple: stop wondering about when or how you can remove it, and WEAR IT.

- Guide available with guidelines for interventions
- General progression logic:
 1. Verbal warning,
 2. Written warning if there is no improvement
 3. Disciplinary or administrative measure (suspension with/without pay, up to and including dismissal)
- May be taken by sector representatives and supervisors
- Distancing squads in awareness mode, but escalation in case of repeated breaches

We would like to thank our researchers, professionals, employees and students for their understanding and resilience since the onset of the crisis.

One of the values of our organization is respect/compliance.

This value remains extremely important for the resumption of our activities:

- Compliance with laboratory rules;
- Compliance with administrative rules;
- Compliance with public health directives and collective hygiene measures.
- Respect for your colleagues, other CHU professionals and users.

Why is it important?

- Importance of reducing the number of cases
 - Health of relatives, of colleagues and their relatives
 - Maintaining the activities of your team, the sector where you work, the Research Centre
 - Protecting the health care system
 - Daily lives: return to the orange, yellow, green level.

- The recovery plan for clinical research activities, which was approved by the *Comité exécutif délestage redémarrage des activités* ("Suspension and Resumption of Activities Executive Committee") of the CHU de Qc on May 14, is still in effect.
- Since July 8, 2020, we are and remain in phase 2 of the plan.
- No changes at this time.
- Reminder: wear the procedure mask + eye protection when you are in contact with users/participants.

- Email sent October 8
 - Outbreaks
 - Symptoms and isolation instructions
 - Psychosocial support
 - Telework

Conclusion

- Send your questions to covid19@crchudequebec.ulaval.ca
- Where to find the CRCHU messages: <http://www.crchudequebec.ulaval.ca/covid19/>
- Please maintain vigilance