

Welcome guide

Centre de recherche du CHU de Québec-Université Laval



CHU
de Québec
Université Laval
Centre de recherche

Welcome! We are pleased to have you with us!

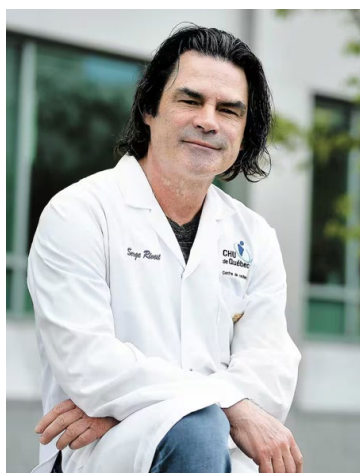
To help facilitate your integration, we have prepared this «Welcome Guide» It is intended to serve as a reference tool and brings together all the useful information and resources you may need.

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Message from the Director

Dear colleagues,



I am pleased to welcome you to the large team at the Centre de recherche du CHU de Québec–Université Laval, and I am happy to have you among us.

Joining the Centre de recherche du CHU de Québec means taking part in achieving our goals, which are primarily to enhance the performance and visibility of our research teams, promote an environment conducive to innovation, support the transfer of knowledge into practical applications that improve care, and develop new approaches to funding health research.

We are also committed to training our students to ensure the next generation of researchers. Achieving these goals starts with a successful welcome for you today.

I am very proud of the high quality of research conducted at our Center, and the increase in grants awarded is an important recognition of our expertise and leadership. This success depends on the successful integration of each of you and our shared commitment to contributing to the improvement of healthcare and the quality of life of patients.

On behalf of the Centre de recherche du CHU de Québec, I warmly welcome you to our team as we work together to build the future of tomorrow.

Serge Rivest, Ph.D.

Director, Centre de recherche du CHU de Québec–Université Laval

Photo credit: Jean-François Desgagnés

The CHU de Québec in brief

Inspired by the people who drive its daily operations, the CHU de Québec–Université Laval (CHU) strives for excellence and provides care and services grounded in humanity to the population. Committed and innovative, its teams focus their efforts on benefiting the individual. They shape the healthcare of today and tomorrow, train the next generation, contribute to cutting-edge research, and evaluate health technologies and practices. With a recognized vision and expertise, the CHU participates in numerous projects in the fields of health, science, knowledge sharing, and economic and social development

Our five hospitals



The Estimaerville site, located in Beauport, is also part of the organization.

Our Teams

- 1,562 employees
- 1,543 physicians, dentists, and pharmacists
- 257 volunteers
- 1,138 regular and associate researchers
- 169 affiliated researchers
- 1,234 graduate students and postdoctoral fellows

The population we serve

The CHU serves the population of all eastern Québec and part of northeastern New Brunswick, covering a population of nearly 2 million people.

Our leadership position

- One of the largest university hospital centers in Québec
- One of the three largest CHUs in Canada
- One of the largest employers in the Capitale-Nationale region
- One of the largest francophone medical research centers in North America
- One of the largest maternity hospitals in Canada
- One of the largest university teaching hubs in Québec

The research center in brief

History

The research center of the CHU (CRCHU) de Québec is a component of the CHU de Québec, serving the metropolitan area of Québec and eastern Québec. The CHU de Québec was created from the merger of the CHUQ and CHA in July 2012. Composed of the CHUL, Hôtel-Dieu de Québec, and the hospitals of Enfant-Jésus, Saint-François d'Assise, and Saint-Sacrement, the CHU de Québec is the largest healthcare institution in Québec and one of the largest CHUs in Canada.

Accredited by the Fonds de recherche du Québec/Santé (FRQS), the CRCHU de Québec proudly ranks among the leading Canadian health research centers. Nearly 1,565 highly qualified individuals work there, including more than 1,138 researchers organized into seven research axes and working in hospital settings. Approximately 1,234 graduate students, postdoctoral fellows, and trainees attend the center, receiving multidisciplinary training of international caliber. The integration under a single leadership of the two originally separate research centers has now been completed and has evolved very positively over the past year, allowing the CRCHU de Québec to respond more effectively to the needs of researchers and the expectations of its partners.

Research teams operate across the five hospital sites. The CRCHU de Québec has established a partnership with Université Laval, enabling it to maintain and develop a concentration of expertise and excellence, as well as a training environment for researchers and healthcare professionals in each of the selected research domains.

The CRCHU de Québec ranks among the largest hospital-based research centers in Canada. Researchers and their teams focus their work on the following areas:

Research axes



ENDOCRINOLOGY AND NEPHROLOGY AXIS

Hormones at the heart of human body regulation



REGENERATIVE MEDICINE AXIS

Repairing, regenerating, and replacing human body tissues



REPRODUCTION, MATERNAL AND CHILD HEALTH AXIS

Protecting our future



POPULATION HEALTH AND BEST PRACTICES IN HEALTHCARE AXIS

Addressing the current and future health challenges of populations



INFECTIOUS AND IMMUNE DISEASES AXIS

Helping our body fight pathogens



NEUROSCIENCES AXIS

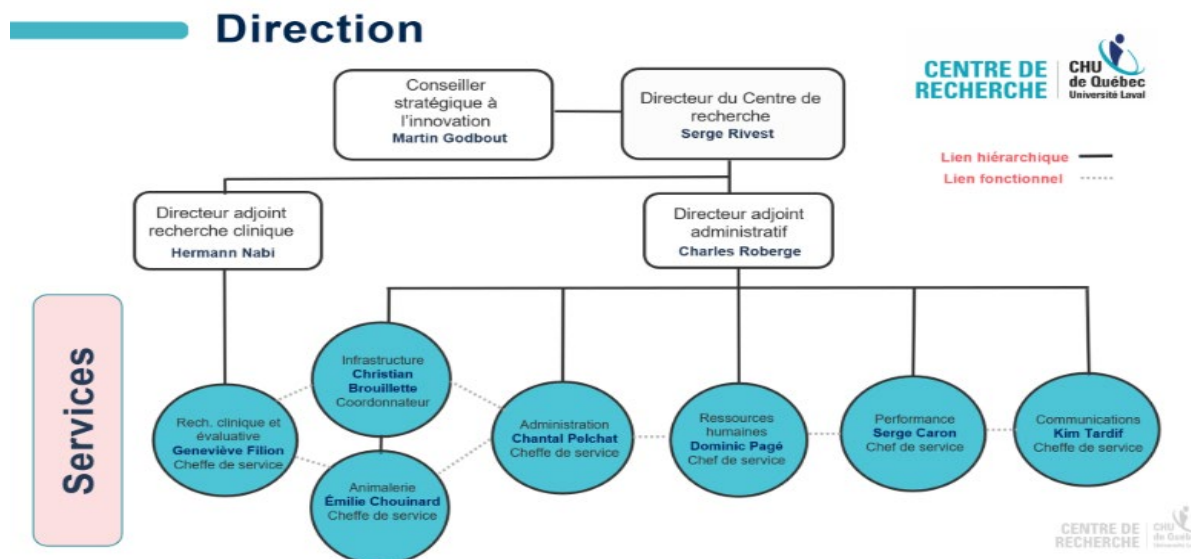
Towards a better understanding of the human brain



ONCOLOGY AXIS

Exploring new avenues to fight cancer

Organizational chart – Research center leadership



The Research Centre's management is organized by teams, as shown in the image above.

Clinical and Evaluative Research: The Clinical and Evaluative Research team supports researchers and their teams in planning, implementing, and monitoring clinical research projects. They provide methodological and biostatistical guidance, assistance with project start-up, research contracts, and the use of specialized tools, while ensuring compliance with regulatory requirements and good clinical practice. Their support helps optimize the quality and potential of clinical research within the center.

Animal facility: This team is responsible for the housing and care of animals used in research, following the highest standards of animal welfare and biosafety. They provide specialized services such as animal acquisition, behavioral analysis, derivation and cryopreservation, hematology, user training, and technical support for researchers. Staffed with specialized technicians and dedicated supervisors, the team works closely with research groups to optimize the use of animal models in scientific projects.

Infrastructure: The infrastructure service supports research teams across multiple areas, ensuring the proper functioning of facilities and laboratory safety, handling complex projects requiring coordination and follow-up, and managing research spaces, the animal facility, and information technology services.

Administration: The Administration team manages the financial aspects for researchers and their teams. They approve timesheets, oversee budget forecasts and monitoring, handle purchasing, and supervise billing, accounts receivable, as well as provide support for technical sheets, platforms, and reimbursement requests, contributing to the smooth operation of research activities.

Human Resources: The Research Centre's Human Resources team supports managers, researchers, and staff throughout their professional journey. They help with onboarding and integration, employment

record management, working conditions, and HR advisory services, helping to create a structured, fair, and research-friendly work environment.

Performance: The performance service offers a range of services to support the management and visibility of research activities. This includes tracking researcher status from arrival to departure, updating internal and external data (finance, researchers, students, collaborations), producing indicators for management and research axes, harmonizing practices between the CHU, the University, and affiliated sites, and developing tools to optimize data collection.

Communications: The Communications service works closely with research teams, the Office of Research, Université Laval, and the CHU de Québec – Université Laval to highlight the contributions of stakeholders and the discoveries made within the center. They ensure the dissemination of information internally, showcase research projects, foster scientific exchange, and support organizational relations. Externally, the service enhances the visibility of teams, promotes research excellence, and develops partnerships and initiatives supporting health research funding.

Mission, vision et values

We are pleased to present our vision, mission, and values, which guide each of us and enable us to work together in the same direction.

The research center of the CHU de Québec–Université Laval works to develop new knowledge useful to the field of health and to make it applicable for improving prevention, care, and patients' quality of life. It also aims to provide advanced training to highly qualified researchers and professionals, and to promote health sciences by sharing scientific advances with the wider community.

Vision : Together, innovating for a healthy world.

The CRCHU aspires to be recognized as an exceptional, innovative, and influential research center, capable of developing new solutions to prevent and treat health challenges while having a real impact on the population.

The CRCHU is guided by strong values that shape its daily actions:

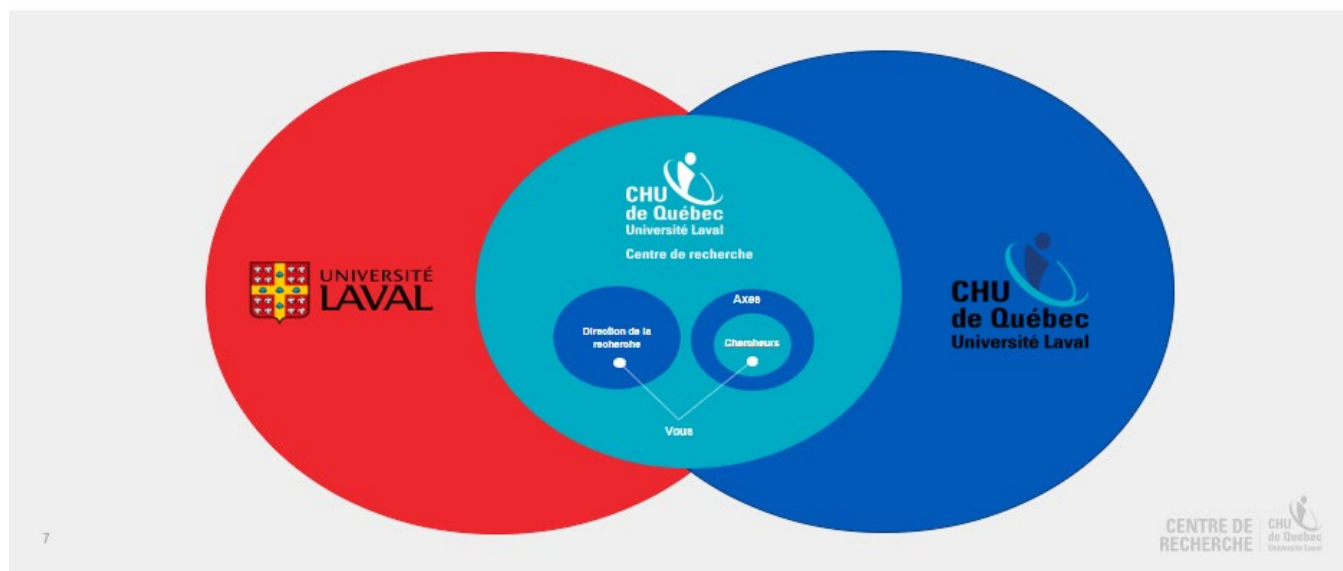
- Benevolence
- Transparency
- Continuous improvement
- Partnership
- Commitment
- Excellence
- Inclusion
- Integrity



Our relationship with the CHU and Université Laval

As a research Centre integrated within a university hospital, we are called to collaborate with the CHU de Québec and Université Laval.

Together, the CHU and the research Centre contribute to improving health by combining clinical expertise, training, and cutting-edge scientific research.



The proximity between the CHU and the research Centre allows for a constant flow between scientific advances and their application in hospital settings. New discoveries from research can be quickly integrated into clinical practices and help to:

- Improve the quality of care
- Accelerate diagnosis
- Offer innovative treatments for patients

The research Centre of the CHU and Université Laval form a unique and strategic partnership, supporting the missions of healthcare, research, teaching, and innovation to meet the needs of the population and contribute to advances in health sciences.

For the latest updates and news, please visit the [Page Facebook - CRCHU](#) (french only)

Information on current policies

Policy on promoting civility and preventing harassment and workplace violence

Québec's Bill 42, adopted in spring 2024, aims to:

Prevent and combat psychological harassment and sexual violence in the workplace.

What are the objectives of this law?

- to ensure that all employees are treated with respect, fairness, and dignity
- to prevent harassment and violence
- to establish procedures to support the resolution of conflict situations and to address situations that may constitute harassment through a complaint-handling mechanism

We encourage you to promote the following actions to help foster a respectable and civilized workplace:

- using courteous, respectful, and appropriate language;
- reflecting critically on our own behavior's;
- collaborating appropriately with colleagues;
- demonstrating attentiveness and active listening toward others;
- respecting the confidentiality of information;
- taking prompt action to address situations that may cause discomfort.

For more information:

[Politique promotion de la civilité et la prévention du harcèlement et violence en milieu de travail](#)



Chu de Québec social media policy

Key points of the policy :

- **Protection of personal information:** any information about a patient (verbal, written, photo) is confidential and must never be published, including clinical research details or employee records.
- **Use by staff:** staff must avoid situations that could harm the institution and respect patients' privacy, including not taking photos in care areas without authorization.
- **Relations with the media:** the chu protects patient's right to privacy, prohibiting interviews or photos without consent.
- **Information security:** using personal devices for professional purposes is prohibited without the approval of the information security officer (iso).
- **Moderation:** the chu reserves the right to block users who do not comply with its social media conduct rules.

In summary, the use of social media at the CHU de Québec must be guided by respect for privacy, consent, and professional ethics.

Link : [Social media use policy](#) (french only)



Workplace alcohol and drug policy

Key points of the policy:

- **Prohibition:** Employees are not permitted to report to work while impaired or to consume alcohol or drugs in the workplace.
- **Safety first:** Impairment is considered a serious safety risk, particularly when operating vehicles or performing critical tasks.
- **Intervention:** Any signs of impairment (e.g., odor, behavior) may result in immediate removal from the workplace and safe transportation at home.
- **Support:** While safety remains the priority, substance dependence is recognized as a medical condition. Employee Assistance Programs (EAP) are generally available to provide support and treatment resources.
- **Users:** The CHU reserves the right to intervene with any individual (employee, visitor, or patient) whose state of intoxication compromises safety or the proper functioning of the environment.



Cubicle policy

Workspaces are provided to support your work, study, analysis, and writing in optimal conditions. As these are shared spaces, it is essential to follow the rules below:

- **Respect for others:** Be respectful toward other users of the workspace.
- **Silence:** Maintain a calm and quiet environment.
- **Cleanliness:** Keep your workspace clean.
- **Personal listening:** Use headphones when listening to music.
- **Odor awareness:** Be mindful of odors (body odor, food, perfume, cigarettes, etc.).
- **Sanitary measures:** Follow hand hygiene measures, and wear lab coats and masks only in designated work areas.

It is prohibited to:

- Wear a lab coat, gloves, or a mask that has been used at the lab bench.
- Engage in loud phone or voice communications (Skype, Messenger, Teams, etc.). For such communications:
 - ✓ Book a meeting room if the discussion is work-related.
 - ✓ Use common or break areas if the discussion is personal.
- Use empty cubicles for storage (ex: items related to social activities, coffee machines, data collections, bibliographies, notebooks from former members, unused computer equipment, etc.).

Issues and Changes

Any issues related to workspaces, whether non-compliance with rules, technical problems, or damages, must be reported to the local person in charge. Please note that changing workspaces is not permitted without prior approval from the local manager.

For additional information or to identify the local contact person for your institution, please consult the following page : [Cubicules](#)



EDI at the CHU: Promoting an equitable, diverse, and inclusive workplace

To promote the representation and inclusion of historically marginalized groups, Université Laval's Equity, Diversity, Inclusion and Intersectionality Institute (EDI²) conducted a broad consultation with stakeholders in fall 2024.

In alignment with the CHU de Québec's institutional approach, the CHU Research Centre (CRCHU) is committed to providing a safe, inclusive, and supportive work environment for everyone, while promoting the well-being of all members of its community. The promotion of equity, diversity, and inclusion (EDI) aims to foster a respectful, welcoming environment that reflects the diversity of the population it serves.

These initiatives help to:

- improve the experience of users
- support teams
- strengthen organizational cohesion

The Research Centre therefore integrates EDI into its health promotion mission, recognizing its role as a social determinant of health and its population-level responsibility, guided by values of respect, collaboration, and partnership that place people at the heart of its actions.

For additional information, please visit the following page: [EDI - CRCHU](#)

You may contact EDI@chudequebec.ca to :

- report inclusion-related concerns or needs
- share positive initiatives related to inclusion
- express your interest in getting involved in EDI initiatives



ÉQUITÉ,
DIVERSITÉ et
INCLUSION

Emergency measures

You will regularly hear code announcements broadcast over the Research Centre's loudspeaker system.

In the event of an incident or accident occurring within or near the grounds of CHU de Québec – Université Laval, all staff members (including externs and residents) are required to provide assistance according to their level of competence.

To report an emergency code, dial 5555.

We invite you to consult [Mesures d'urgence - Codes d'alertes](#) to review the instructions and actions to follow for each type of situation. (french only)

How to activate an emergency code:

1. Determine who will initiate the code
(only one person should call)
2. Dial 5555
3. State the code
4. State the hospital
5. Specify the location (sector/room) where the situation is occurring
6. Provide your full name
7. Provide a phone extension where you can be reached

 Blue Cardiac Arrest	 Red Fire
 Pink Pediatric Cardiac Arrest	 White Aggressive Patient
 Brown Hazardous Material Spill	 Black Bomb Threat / Suspicious Package
 Yellow Missing / Elopement / Patient Search	 Silver Active Shooter / Armed Threat
 Green Evacuation	 Purple Medical Assistance
 Orange Mass Casualties	 Teal Major Water Leak
 Gray External Toxic Leak / Lockdown	

Access to the CRCHU

ID Badge

Wearing your CHU de Québec – Université Laval ID badge while on site is mandatory, and it **must always be visible**.

If your badge is lost, it must be replaced as soon as possible by visiting the designated location during the scheduled service hours.

Please refer to the photographer schedule for each site. It is important to know your employee ID number and your exact job title before presenting yourself for badge issuance.

Site	Service hours	Location	Phone number
L'Hôtel-Dieu de Québec	For the HDQ site, please refer to the document " Procédure pour carte d'identité " to learn the procedure to follow.		
CHUL	Monday: 8:00 AM – 10:00 AM Thursday: 2:00 PM – 3:30 PM No appointment	H-00324	418-525-4444, ext. 47750
Hôpital Saint-François D'Assise	Monday to Friday: 7:45 AM – 12:00 PM 1:00 PM – 3:15 PM No appointment	C4-620	418-525-4444 ext. 53365
Hôpital de l'Enfant-Jésus	Monday: 8:00 AM – 10:00 AM Thursday: 2:00 PM – 3:00 PM No appointment	C-1222	418-525-4444 ext. 63209 or 65651
Hôpital du Saint-Sacrement	Monday to Friday: 7:45 AM – 12:00 PM 1:00 PM – 3:15 PM <i>Please call ahead before coming to the office to ensure the photographer is available.</i>	G1-16	418-525-4444 ext. 877637

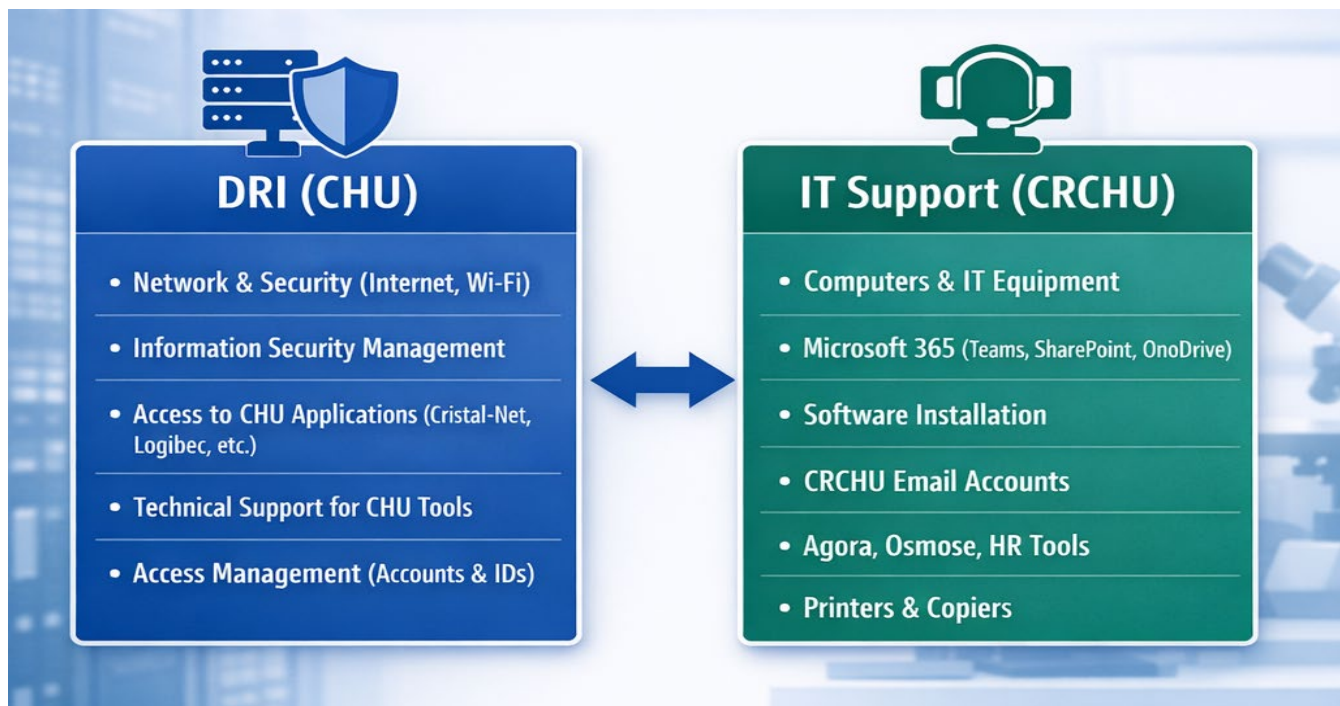
CRCHU Email

You can forward your professional emails to your institutional (University) email address, or vice versa. The procedures are available on the Research Centre IT team's extranet.

To obtain a CRCHU email address, the process is also detailed on this extranet.

Important: As a student, a Research Center email address is not automatically assigned to you, as you already have an institutional email address from Université Laval.

IT Support



DRI : 418-525-4444 ext. 66200

Email: assistance.informatique@chudequebec.ca

[Accueil](#) [Ouvrir un nouveau ticket](#) [Vérifier le statut d'un ticket](#)

IT support page:

**The online tool to create a support ticket*

Bienvenue sur notre système de demande de support

Pour accélérer et améliorer le support des outils informatiques du CRCHU de Québec, nous utilisons maintenant un système de demande de support. Chaque demande a maintenant un numéro qui permet de suivre la progression de la demande et les interventions en ligne. Une adresse courriel valide est nécessaire pour créer une demande.

Nous gérons le support des outils suivants :

- Site web, extranet du CRCHU et tous les sites connexes (concours de bourses et de subvention, SST, Équipe TI...)
- Agora
- Office 365 du CRCHU
- Système d'affichage des offres d'emploi au CRCHU
- Accès au TS (connexion à distance du réseau de la recherche DCRCHUQ)

Pour le support réseau, matériel (ordinateur et imprimante) et logiciel, vous devez contacter la DRI du CHU via le [Spot du CHU](#).

Connaissez-vous [notre site web](#)?

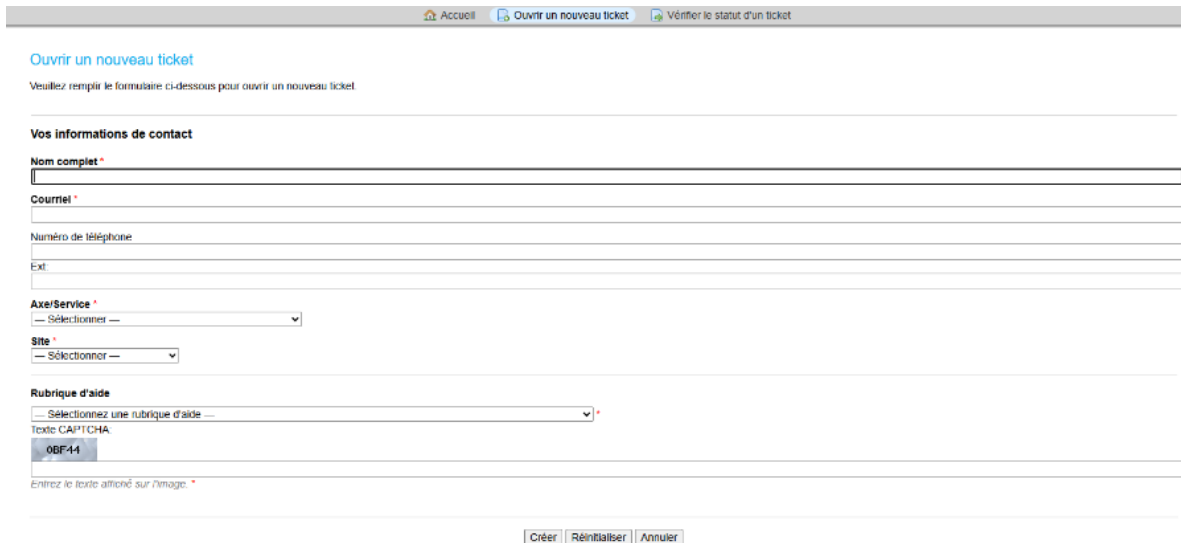
Ce site est bourré d'information sur Office 365, le site web du CRCHU, Agora, les services de la DRI, le télétravail...

Vous y trouverez peut-être la réponse à votre question!

[Ouvrir un nouveau ticket](#)

[Vérifier le statut d'un ticket](#)

Équipe TI (french only)



Accueil | Ouvrir un nouveau ticket | Vérifier le statut d'un ticket

Ouvrir un nouveau ticket

Veuillez remplir le formulaire ci-dessous pour ouvrir un nouveau ticket.

Vos informations de contact

Nom complet *

Courriel *

Numéro de téléphone

Ext.

Axe/Service *

Site *

Rubrique d'aide

Texte CAPTCHA

0BF14

Entrez le texte affiché sur l'image. *

Créer | Réinitialiser | Annuler

Platforms

CRCHU Extranet

Have questions ?

All the information you may need - facilities, training, human resources, health and safety, IT, and more— is available on our Extranet.

Access it via this link: [Extranet RH](#)

Osmose

A web portal is available to all members of the CHU Research Centre.

Its purpose is to facilitate the communication of information between CRCHU members and the various services of the Office of Research.

This portal allows you to :

- View and update your contact information (professional and personal)
- View and update your emergency contacts
- Delegate access to your file (in full or in part) to other Research Centre members
- View your publications
- Track mandatory training completion

**You can access it using your usual login credentials.*

ENA



ENA – Online Training
Regional Health Network Training Platform

This portal allows you to:

-  Access mandatory online training
-  View and print training register records
-  Access: <https://fcp.rtss.gc.ca>

Identifiers

Select institution:

 **CHU DE QUÉBEC — UNIVERSITÉ LAVAL**

Technical Issues?

-  For connection: **Extension 66200**
-  For the platform: **formation.drhcj@chudequebec.ca**

Access instructions are in the welcome email.





 FORMATION CONTINUE PARTAGÉE

 la province collective au service de ses citoyens

Bienvenue dans
l'Environnement numérique
d'apprentissage (ENA) provincial!

 Besoin d'aide?

Nom de l'établissement

Nom d'utilisateur

Mot de passe

☐ Mémoriser mes infos

☐ Vérifiez que vous êtes humain

ELABORÉ PAR

Connexion

© Service d'authentification fédérée ENA v2.0
[Plus d'infos sur la sécurité](#)

Accessing the platform: [ENA](#)

Your username and password are the same as those you use to log in to the CRCHU computers.

When logging in, make sure to select the correct institution:

CHU DE QUÉBEC UL

Need help? New users can consult the guide :

[Guide - Marche à suivre pour le nouvel utilisateur de l'ENA](#) (french only)

PeopleSoft

Only for students working as research assistants. You must have your IDUL and NIP password. If you do not have these, the IT service of the Faculty of Medicine can assist you with this process. To contact them: aide@fmed.ulaval.ca

Employee self-service information : Please read the [Info Libre-Service employé](#) document carefully. It contains important information regarding the use of Université Laval's PeopleSoft HR payroll system.

If you have not already done so, you are required to enroll in direct deposit, as the Human Resources Department of Université Laval no longer mails paychecks.

Pay schedule

To find the payment dates, please refer to Université Laval's [Calendrier de paie de l'Université Laval](#). You should consult only the 4th column (Deferred payment – Payroll Group R01).

On your pay statement, please refer to the period indicated in the “hours and earnings” section. The dates shown in the statement header correspond to the prepaid employee group and do not apply to your situation.

Work hours declaration

For those with a fixed-hour contract, you must enter only the following information in the PeopleSoft HR system:

- your sick leave;
- your vacation leave.



Service WebVPN

If you have any questions, please contact the Human Resources One-Stop Service at (418) 656-2131, ext. 3718.

Saisissez votre identifiant UL (IDUL) et
votre mot de passe (NIP)

Identifiant UL (IDUL) :

Mot de passe (NIP) :

Authentification

Reference period for the application of tax deductions



Groupe paie: R01-Personnel GT-Versement différé
 Début période: 2011-12-26
 Fin période: 2012-01-08 Période: 2012_01

Employé:		IMP
Service:		Exerc
Emplac.:		Lette
Titre:		speci
		speci
		Mts c

HEURES ET REVENUS						
Description	Période	Description emploi	Taux	Heures	Revenus	Dan
Régulier	2011_26	Techn. administration				Dan
						No r
						Resi

Le SPOT

SPOT is the official intranet of CHU de Québec–Université Laval, an internal platform reserved for employees and stakeholders of the organization. It is a centralized space where you can access organizational information, internal tools, important communications, and resources useful for your daily work. Employees of the Research Center (CRCHU) also have access.

Accessible with your professional credentials, SPOT allows you to view internal news, guides, links to services, and access content customized to your role. To use it remotely, a secure login procedure is required.

In summary, SPOT serves as the main entry point to internal resources and information at CHU, facilitating communication and providing easy access to your daily work tools.



Do you have a development idea, a need, or recurring issues? Contact the SPOT communications team : lespot@chudequebec.ca



Link: [Le spot](#)

Don't have access to SPOT? Here's how to get it:

Access the Hospital Intranet Remotely

spot.chudequebec.ca

To activate your **domain_CHUQ** account (deactivated after 90 days of inactivity) or to obtain a QR code remotely, contact the IT Helpdesk:

📞 call 66200

✉ assistance.informatique@chudequebec.ca

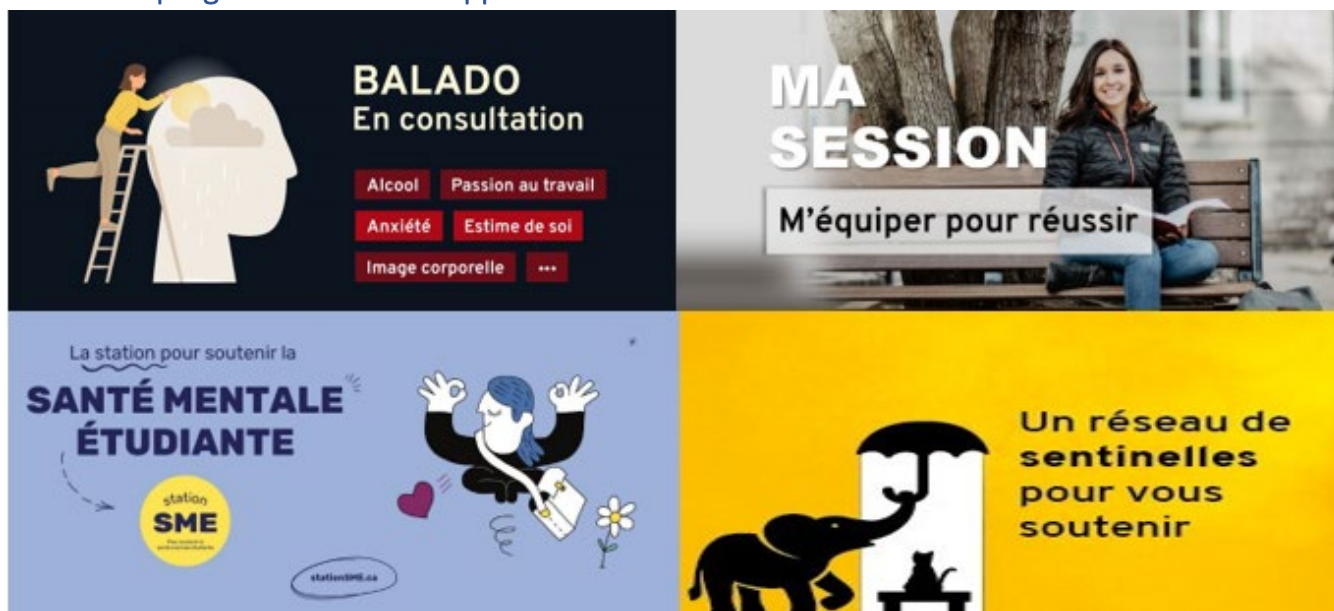
Note: The procedure is similar to the **PortailRH/Logibec** or **BVI-OTP** — if you have already set up this remote access method on PortailRH/Logibec or BVI-OTP, you can use the same OTP code.

 OTP Code Setup:	 Access spot.chudequebec.ca:
1. Install a one-time password (OTP) app.	1. Go to spot.chudequebec.ca
2. Get your security QR code.	2. Enter your username and password.
3. Save the generated security code in the app.	3. Enter the 6-digit security code (OTP) generated by the app.

 ***If your account has been inactive for more than 90 days, or if you are remote and your password has temporarily failed,***

Services offered to students

Assistance programs – student support center



Student Community Support Center

Maurice-Pollack Pavilion

[2305 Université Street, Room 2121, Quebec City, Quebec G1V 0A6](#)

Phone: [\(418\) 656-7987](tel:(418)656-7987)

Email: CACE@aide.ulaval.ca

University life can sometimes present new challenges that require adapting your work methods and time management. Course workload, exams, and assignments can also be sources of stress during the semester.

Learning and Success professionals offer a variety of resources, including workshops, practical tools, and individual consultations, to help you develop effective strategies and support your academic success.

Resources and tools to support your success:

- Podcasts and videos to explore learning strategies
- Articles and tools to improve time management, reading, focus, and memory
- Workshops and seminars to make the most of your classes and address procrastination
- Individual consultations and support requests for personalized guidance

- Interactive training and tech resources, including materials for graduate students and exam preparation

For more information, visit: [Ulaval - M'équiper pour réussir](#) and [Ulaval - Balado en consultation](#)
(french only)

Veilleurs network



A **Veilleur** is someone who cares about their psychological well-being, inspires trust, listens to others, and seeks to reduce colleagues' isolation. In fact, a **Veilleur** acts as the eyes and ears of everyday kindness and supports themselves and for others, in the workplace.

Would you like to become a **Veilleur**? You must inform your manager of your interest in joining this network and obtain their approval to complete this paid training. Afterwards, you will need to take the **Devenir Veilleur** training available on ENA, which provides practical strategies to help you first take care of yourself so that you can then better support your colleagues.

The **Veilleur** Network at CHU

Psychosocial Support



Caring • Self-Compassion • Listening • Support

Veilleurs@chudequebec.ca | Learn more: spot.chudequebec.ca/veilleurs

Contact them: Veilleurs@chudequebec.ca



Privileges and discounts with our partners

Offres privilèges is a collection of discounts available to individuals who hold an ID card from CHU de Québec–Université Laval. These Offres privilèges allow you to take advantage of a wide range of promotional offers at shops, service providers, and restaurants across Québec.

For the CHU de Québec Foundation and all participating partners, **Offres privilèges** represent a way to support your well-being and warmly thank you for the continuous efforts you make to improve the health of people in our community.

Now it's your turn to take care of yourself! We invite you to visit the website below regularly to discover new partners and updated offers designed just for you.

[Fondation du CHU de Québec - Offres privilèges](#)

Please note that it is possible to donate to the CHU de Québec Foundation through their website.



Student committees at the CRCHU

A vibrant student community!

Each research axis is supported by a group of enthusiastic and dedicated student volunteers.

Their mission: to represent the students of their axis to the management while promoting a rich social and scientific life.

For more information: [Comités étudiants au Centre de recherche](#)

ONCO	RSME	SPPOS	NEURO	ENDO-NEPHRO	MII	MEDREG
						
comite-etudiant.onco@crchudequebec.ulaval.ca	cersme@crchudequebec.ulaval.ca	comite-etudiant.sppos@crchudequebec.ulaval.ca	cens@crchudequebec.ulaval.ca	ceen@crchudequebec.ulaval.ca	ceamii@crchudequebec.ulaval.ca	assamedreg@asso.ulaval.ca
Comité étudiant de l'Axe Oncologie (CÉAO)	Axe reproduction, santé de la mère et de l'enfant - RSME	Étudiants de l'axe SPPOS	CéNs	Comité des étudiants (CÉEN)	CÉAMII (Comité étudiant de l'axe des maladies infectieuses et immunitaires)	Axe Médecine Régénératrice

Parking

For information about the availability of staff-designated parking spaces, please contact the Physical Security and Parking Services representative at your worksite.

Site	Phone number	Location
L'Hôtel-Dieu de Québec	Parking managed by SPAQ	
CHUL	418-654-2146	Hospital parking booth
Hôpital Saint-François D'Assise	418-525-4444 ext. 53008	B0-525
Hôpital de l'Enfant-Jésus	418-682-7511 ext. 66731	P-0104
Hôpital du Saint-Sacrement	418-525-4444 ext. 84415	E1-08

Cafeteria

You are entitled to an employee discount on the standard meal upon presenting your CHU de Québec – Université Laval photo ID card.

Site	Opening hours		Location
L'Hôtel-Dieu de Québec	Lunch	Monday to Friday: 11:00 AM – 1:45 PM Weekends and holidays: 11:00 AM – 1:15 PM	0511
	Dinner	4:30 PM – 7:00 PM	

	Hospital snack bar	1:00 PM – 7:00 PM	
CHUL	Lunch	11:00 AM – 2:15 PM	RC-306
	Dinner	4:30 PM – 7:00 PM	
	Closing	Between 7:15 PM and 7:00 AM	
Hôpital Saint-François D'Assise	Déjeuner	7:00 AM – 9:15 AM	A0-322
	Lunch	11:00 AM – 2:00 PM	
	Dinner	4:45 PM – 7:15 PM	
Hôpital de l'Enfant-Jésus	Lunch	Monday to Friday: 11:00 AM – 2:00 PM Weekends and holidays: 11:00 AM – 1:30 PM	I-108
	Dinner	4:45 PM – 6:45 PM	
	Hospital snack bar	7:00 AM – 7:00 PM (Sandwiches, muffins, and drinks only)	
Hôpital du Saint-Sacrement	Lunch	Monday to Friday: 11:00 AM – 1:30 PM	G0-01
	Hospital snack bar	7:00 AM – 7:00 PM	

Contact us

418-525-4444

Human resources technicians

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